

STATE EMPLOYEE GROUP BENEFITS ADVISORY COUNCIL MEETING MINUTES

Wilderness Conference Room, 2401 Colonial Drive
Helena, Montana

October 15, 2013

SEGBAC Council Present

Chairman: Russ Hill, Administrator, Health Care and Benefits Division
Member: Kelly DaSilva, Human Resource Director, Legislative Services Division
Member: Erin Ricci, Admin. Asst., Department of Natural Resources & Conservation
Member: John McEwen, Representative, State of Montana Retirees
Member: Quint Nyman, Montana Public Employees' Association
Member: Beth McLaughlin, Administrator, Supreme Court
Member: Mary Dalton, Branch Manager, DPHHS, Medicaid and Health Services Branch
Member: Senator Jim Keane
Member: Amy Sassano, Assistant Budget Director, Office of Budget and Program Planning
Member: Richard Cooley, Senior Investment Officer, Dept of Commerce, Board of Investments

SEGBAC Council Not Present

Member: Christopher Abbott, Office of Public Defender

Staff

John Thomas, Senior Health Officer
Amber Godbout, Attorney
Charlotte Hafer, Customer Service Assistant

Kelly Grebinsky, FSA, Principal, Actuaries Northwest
Nancy Schultz, Senior Account Manager, Cigna
Jimmie Barnwell, Director Clinical Operations, CareHere

Guests

Mark Eichler, MAHCP
Brittany Chandler, Delta Dental
Kris Wilkinson, Legislative Fiscal Division
Collette Hanson, BCBS

Don Creveling, MAHCP
Ginger MacDonald, BCBS
Sherri Rickman, HCBD
Melanie Denning, HCBD

Call to Order & Old Business

Russ Hill called the meeting to order at 8:35 AM.

Russ called for approval of the minutes from the July 16, 2013 meeting. Russ had pointed out a couple of corrections to the minutes. Brian Ehli moved to approve the corrected minutes. Kelly DaSilva seconded the motion. Motion passed.

Plan Financial Performance

Kelly Grebinsky, with Actuaries Northwest Inc, gave his report in a [power point presentation](#). He reported that his report is all inclusive. It includes data from Cigna and CareHere. He mentioned that the medical trend is 4.5% below

the prior year. He also noted that the loss ratio for actives and non-Medicare retirees went down a little and the Medicare retirees increased a little. Kelly went over lifestyle risk factors as part of his report.

Nancy Schultz with Cigna went over the second quarter report from Cigna in a [power point](#). She stated that the norm used for comparison is other public entities. Her information includes the first six months of the plan year. She also did an overview of Your Health First. Engagement in this program is 31,642. The most common conditions that people are receiving help on include diabetes, osteoarthritis, low back pain and depression.

MT Health Center Update

Jimmie Barnwell gave an update on the Health Centers. He presented his report in a [power point](#). His results are from August 31, 2012 through August 31, 2013. Billings opened a health center June 3. Miles City opened September 24. Miles City's information is not included in the report. So far to date, there have been 33,525 appointments. In the original proposal, there were 17,246 appointments projected. The top conditions at the health center are cholesterol, hypertension, & sinusitis. The two main conditions identified at the health center are diabetes (921 cases) and high cholesterol (2124 cases). The wellness department has had 10,818 contacts with employees.

Next Location

HCBD has put out a request for bid for a mobile health unit to do health screenings, flu shots, health coaching, etc. Missoula is being looked at for the next location as well as Butte/Anaconda.

QCC Infusion Program

This program will be discontinued for next year. Members are being encouraged to use the medial plan. There are only 48 members that will be affected with this change.

2014 Incentive Program – Motivate Me

This is a new online wellness program through Cigna. There was an [informational packet](#) provided. Russ went over the draft of the plan.

EAP Services

Karen explained that counseling is built into the benefits but there are some components that are missing. She attended a conference on EAP services across the country. There are really two types of assistance, employee assistance and management assistance. HCBD is looking at developing a position where someone will serve as a navigator for these services. This would be a customized program for employees not like the traditional services.

PPACA Update

All required paperwork has been sent to employees.

Public Comment

Russ asked for any public comment. There was no public comment.

The next meeting will be January 21, 2014. Russ asked for a motion to adjourn. John moved to adjourn. Erin seconded the motion. Motion passed. Meeting adjourned at 12:01 pm.